

How to encourage Positive discipline in schools

October 10th Reykjavik

Content

- Encouragement for a PD project
 - o Impact of the leader
 - o Words of encouragement
 - o Understanding the emotional steps of a project
 - o Focus on the mindset of the team
 - o React to criticism and difficulties

- What to do in meetings

9 : 00	Introduction/expectations
9 : 15	Warm up
9 : 25	2 Lists
9 : 35	How what I do has an impact
9 : 50	The System
10 : 05	The Ripple Effect
10 : 15	Align Goals
10 : 30	Encouragement (Discouragement is..., 3 types, Appreciations, How do they know I care, using strength for challenges, spotting the strength)
10 : 40	Break
11 : 00	Encouragement
11 : 20	Asking Questions
11 : 40	Encouragement/Discouragement Project
11 : 50	Steps of a Project and Feelings
12 : 10	Mental Flexibility or Growth Mindset
12 : 25	React to Criticism
12 : 30	3 Ways of Dealing with a Problem
12 : 45	Lunch
13 : 45	Power of Yet
14 : 00	Meetings (what can we do)
14 : 30	Book Reading (questions written)
14 : 55	THTPPSS
15 : 30	Break
15 : 50	Problem Solving
16 : 10	More Encouragement Activities (I need help)
17 : 00	End